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## New HUMANISTIC PSYCHOLOGY Café in Central London

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AHPb is holding a series of low cost humanistic café-style events in London in 2019, culminating in a conference in the late autumn. Each event will include an informal talk and small group discussions focusing on speaking from the heart and applying the insights of Humanistic Psychology to relate to what's happening in the world today. There will be distinguished speakers and ample networking opportunities.

The café, bi-monthly on Wednesday evenings in London, is hosted by The Study Society, at the West Room Colet House, 6.30 for a 7.15pm start, finishing at 9.15pm. There will be opportunities to network from 6.30 to 7.15pm and from 9.15 to 9.45pm. Teas and coffee will be available from 6.30pm - you can also bring simple food to share. The cost is £20 per evening (£15 for AHPb members, students, and concessions).

Details of the next event in the Cafe series on Wednesday 16<sup>th</sup> October 2019 and AHPb's annual conference to be held on 23<sup>rd</sup> November 2019 and advance booking for both events are on AHPb's website: [www.ahpb.org](http://www.ahpb.org)

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### Next Event: Wednesday 18th September 2019: Creative Maladjustment, Progressive Politics, and Humanistic Psychology with Elliot Benjamin



The 2016 EU referendum vote, in which "leave" won by a mere 4% of the 72.2% turnout (1,269,501 or 1.92% of the total population), has created huge divisions in the UK. The prospect of an economic disaster, more so with the threat of a no-deal Brexit, has also increased overall levels of anxiety, worsened by a majority of the Conservative Party membership (total = 160,000, only 0.24% of the population) having voted in a new prime minister whose policies presage a dangerous move to right wing populism.

Political commentators see parallels with the way in which Donald Trump accessed and is now operating in the USA presidency. How better to gain some insight into what's currently unfolding in Britain's beleaguered polity than to hear first-hand about the American situation, and about the work of activists who've been challenging the ascendancy of Trump.

*Elliot has been at the forefront of a movement challenging what he calls "the dangerous leadership and rhetoric of President Donald Trump", which he describes in two recent articles in Self & Society. He will use **Martin Luther King's concept of "creative maladjustment"** to explore his involvement with the Resisting Trump movement in the USA, and to discuss the merging of Humanistic Psychology with progressive politics. Participants will be invited to share their own experiences.*

**Elliot Benjamin, PhD**, from Maine, USA, is a Psychology mentor/ PhD committee chair at Capella University. He is the author of four books and over 180 articles in humanistic and transpersonal psychology, philosophy/spirituality, progressive politics, and mathematics. **Booking** via [Eventbrite](https://www.eventbrite.com).

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**Venue:** Colet House, 151 Talgarth Rd, Hammersmith, London W14 9DA, nearest tube: Barons Court. See [map](#). **The Study Society** is a London based charity that offers practical, inclusive ways to find rest, stillness and meaning through Advaita Meditation, Member Discussion Groups, Mevlevi Turning (whirling dervishes), Poetry, Kirtan & Vedic chanting: [www.studysociety.org](http://www.studysociety.org).



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**For booking links and further information, see the website: [www.ahpb.org](http://www.ahpb.org)**

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